



BOYS & GIRLS CLUB
OF NORTHERN WESTCHESTER

NEW
Mini Swim
Lesson
Sessions
See Pg. 7



WINTER PROGRAM GUIDE

NOVEMBER 21, 2011 – MARCH 17, 2012



FOR INFORMATION, SCHEDULES, UPDATES, ETC. LOG ONTO OUR WEBSITE:

www.bgcnw.com

Mail In Registration Ends November 12, 2011 Credit Cards Accepted (Visa, MC, Amex)

Walk In Registration Begins November 14, 2011 See page 1 for building hours.

Para información en español, llamen a Marilyn Lucchese 914-666-8069 ext. 116



BOYS & GIRLS CLUB
OF NORTHERN WESTCHESTER

"The Positive Place for Kids"

351 Main Street • Mt. Kisco, NY 10549
Tel: (914) 666-8069 • Fax: (914) 666-9166

www.bgcnw.com

The Boys & Girls Club of Northern Westchester is a voluntary nonprofit corporation, governed by the Board of Directors. Our purpose is to create hope, opportunity and civic engagement.

As a nonprofit corporation, we strive to keep our fees low so that all youths can participate. For those people who may not be able to afford our fees, financial aid is available.

OUR MISSION

To enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.

GENERAL POLICIES

MEMBERSHIP

Membership runs from July 1 through June 30, and is open to all children up to age 18

- Membership Fee: \$50 Per Child; \$5 Fee for Lost Cards.
- Pick up cards at Front Desk.
- **All Members MUST Scan in at Front Desk.**

DROP OFF ZONE & PARKING

The purpose of the Drop Off Zone in front of the Boys & Girls Club building and Parking Regulations is the safety of ALL our children. Please abide by the following:

- All vehicles **MUST** stop at the Stop sign.
- Do not stop or park in the crosswalk in front of the Club.
- Do not park in the Drop Off Zone or by the curbs in the driveway.
- Handicap permits must be visible in the windshield.
- Do not leave your car running or your children unattended while you enter the building.

CLUB "HOUSE" RULES

- Treat others as you wish to be treated
- Remove head gear in building
- Appropriate language and physical contact
- No children under six allowed in the Game Room, Computer Labs and Art Room.
- We are not responsible for lost or stolen items

REGISTRATION INFORMATION and PROGRAM CALENDAR

WINTER SESSION: NOVEMBER 21 - MARCH 17

Mail In Registration Ends November 12
Walk In Registration begins November 14
Mon. through Fri. 9am-6pm; Sat. 8:30am-4pm.

SPRING SESSION: MARCH 19 - JUNE 16

Mail In Registration Ends March 10
Walk In Registration begins March 12
Mon. through Fri. 9am-6pm; Sat. 8:30am-4pm.

- All participants in Boys & Girls Club programs must be members of the Club.
- There will be a \$50 service charge for all checks returned.
- A \$25 Administration Fee will be charged for each change after you register, including changing or withdrawal from class.
- Schedules are subject to change.
- Not responsible for typographical errors.

GENERAL BUILDING HOURS

Sept. 13 - June 18, 8:00am - 9pm
Building will be open on Saturdays 8am-5pm for Lessons only.
THERE WILL BE NO DROP IN PROGRAMS ON SATURDAYS

CLUB CLOSINGS

Aug. 20-Sept. 5Closed for Maintenance
 Sept. 5Labor Day
 Oct. 10Columbus Day
 Nov. 24, 25, 26.....Thanksgiving holiday
 Dec. 28-31.....Christmas/New Year holiday
 Jan. 16.....Martin Luther King Day
 May 28Memorial Day

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Have you been missing out?

Sign up to receive our e-blasts with important information about Club activities and events. Visit our website **www.bgcnw.com** and sign up on the home page, or contact Jean Skanes with your e-mail address at 914-666-8069 ext. 111 or jskanes@bgcnw.com

Coming soon...Online registration!

Don't be left out - send us your e-mail address today!



EARLY CHILDHOOD EDUCATION

Betty Lou Ostrye, Director 914-666-8069, ext. 103 bostrye@bgcnw.com

September 5, 2012 to August 16, 2013

7am and 8am Early Drop Off

9am-4pm Class • 4pm-6pm Late Pick up

Classes are taught by Early Childhood Educators. We incorporate the **Early Childhood Creative Curriculum**. The program also includes: learn to swim program, developmentally appropriate classroom activities, physical education program, music and nap time. Before School Care program includes breakfast. All children receive a mid-morning snack. Children receive a hot lunch cooked on site. After School Care children receive a light snack. Children must be 3 or 4 by December 1, 2012 and FULLY toilet trained.

If interested in less than 5 days contact Betty Lou Ostrye, 666-8069 x103

The Boys & Girls Club Child Care Center is licensed by the State of New York Office of Children and Family Services.

Open Registration Feb. 6, 10-6. **MUST REGISTER IN PERSON**

Annual Fees*	9-4pm	7-9am	8-9am	4-6pm
5 Days	\$9,450	\$2,625	\$1,313	\$2,625
4 Days	7,560	2,100	1,050	2,100
3 Days	5,670	1,575	788	1,575

* Plus \$50 membership

SCHOOL AGE CARE PROGRAMS

AFTER SCHOOL FUN CLUB/ MENTORING PROGRAM

Grades K-8 • September 5, 2012 - June 21, 2013

Monday thru Friday, 2:30 - 6:30 (6, 7, 8)* 3:30 - 6:30 (K-5)

Activities include arts and crafts, gym, Power Hour Homework, Computer Lab, games, reading, hot afternoon meal, and more. Includes 185 school days, Superintendent conference days, and half days. Vacation weeks, when available, are **FREE** of charge to Fun Club members.

The Fun Club is registered with the NY State Office of Children and Family Services.

BEFORE SCHOOL FUN CLUB

Monday thru Friday, 7am to 8:30am

Bedford Central School District will provide transportation to all of its Elementary Schools except Mt. Kisco. The Boys & Girls Club will transport to Mt. Kisco.

Call **Barbara E. Cutri, Director of Operations**, for information: **914-666-8069, ext.107 or bcutri@bgcnw.com**
Open Registration Feb. 7, 9am-6pm, thereafter Mon-Fri 12:30-5pm
Grades 6, 7, 8 pay \$50 Membership Fee only.
MUST REGISTER IN PERSON.

Annual Fees*	3:30-6:30pm	7-8:30am	8-8:30am
5 Days	\$3,497	\$1,846	\$1,050
4 Days	2,930	1,476	840
3 Days	2,363	1,108	630
2 Days	1,796	738	420

* Plus \$50 membership

SUMMER ADVENTURE CLUB

For Children Entering grades 1-9 in September 2012

June 25 to August 17, 9am-4pm (No program July 4)

Early Drop Off: 7am OR 8am

Extended Day: 4 - 6pm

**Swimming • Sports • Outdoor Activities • Playground
Arts & Crafts • Digital Computer Lab * Game Room • Specials**

Program is certified by Westchester County Dept. of Health.

Open Registration Feb. 6 10am-6pm. **Must register in person.**
Children may register for 4 weeks (6/25-7/20) or 8 weeks (7/23-8/17)

Staff to child ratio: 1-8 grades 1-4; 1-10 grades 5-9
Head counselors have Red Cross Certifications in Responding to Emergencies (RTE), CPR for the Professional Rescuer, AED & EpiPen.



Enrollment is limited. For information contact:

**Barbara Cutri, Director of Operations
914-666-8069, ext. 107, bcutri@bgcnw.com**

Fees*	9-4pm	7-9am	8-9am	4-6pm
8 weeks	\$840	\$504	\$202	\$404
4 weeks	\$500	\$252	\$101	\$202

*Plus \$50 membership. Fee for Yorktown bus: 4 weeks \$150; 8 weeks \$300

TEEN PROGRAMS

Athenia Lee, Director 914-733-0033

HIGH SCHOOL STUDENTS Grades 9-12

Monday-Friday 2:00pm - 9:00pm

MIDDLE SCHOOL STUDENTS Grades 6-8

Monday-Friday 2:00pm - 8:00pm (Grades 6 & 7)

Monday-Friday 2:00pm - 9:00pm (Grade 8)

FRIDAY NIGHT LIGHTS Every Friday night 7-9pm

Middle/High School members and friends

Weekly special events including Live Music, Movies, Game Room Contests, Sports and Seasonal Parties

FREE for members, \$2.00 for non-members

Pizza Special - \$3.00 (2 slices and soda)

For more info, contact Dan Isenberg at 666-8069
Ext 129 or disenberg@bgcnw.com



Community Service/Volunteer Orientations

Must commit at least 2 days/week, 3 hrs/day, 5 weeks

For youth age 14-18 interested in volunteering at the Boys and Girls Club. Contact **Athenia Lee, Director of Teen Programs, 914-733-0033 or alee@bgcnw.com.**

Adult Volunteers call **Barbara E. Cutri, Director of Operations, 914-666-8069 or bcutri@bgcnw.com**

Tuesdays at 6pm: Sept. 27 • Oct. 25 • Jan. 31 • Mar. 27 • April 24
May 22 (for Summer volunteers)

CLUB CLOSED

**NOV. 24, 25, 26 • DEC. 24-31 (OPEN JAN 2)
JAN. 16 • NO CLASSES FEB. 20-25**

SPORTS LEAGUES

Nato Tomasino, Director
666-8069 x125 or ntomasino@bgcnw.com
REGISTER NOW FOR SPRING LEAGUES
BASKETBALL LEAGUES Code 6265

Fee: \$65.00

The leagues are designed to be recreational, fun and instructional for girls and boys in grades 1-6. Teams are made up of children of varying skills and abilities. **Volunteer coaches are needed.**

Mail In Registration: Form attached on page 5.
Walk In Registration: Jan. 2 (Registration ends Jan. 7)
 See page 1 for registration information.

For more information call **Nato Tomasino, Phys. Ed. Director**, at 666-8069 x125 or ntomasino@bgcnw.com



TRYOUTS (Everyone makes a team)
Grades 4, 5 & 6: Mon. Jan. 9, 23; 5:30pm (limit 40)
Grade 1: Tuesday Jan. 10, 17, 24; 5:30pm (limit 40)
Grade 2: Tuesday Jan. 10, 17, 24; 6:30pm (limit 40)
Grade 3: Thursday Jan. 12, 19, 26; 5:30pm (limit 40)

Schedules and team shirts will be handed out week of Jan. 23. (Game time varies)

LEAGUE PLAY BEGINS:

Grades 4-6 - Jan. 30
 Grades 1-2 - Jan. 31
 Grade 3 - Feb. 1
Playoff Weeks: Feb. 27 & Mar. 5
Championship Week: March 12



KINDERGARTEN BASKETBALL INSTRUCTIONAL PROGRAM Code 6265

Fee: \$60.00

Wednesdays 5:30pm - Jan. 12 - March 8

Skills, drills and basics of the game are taught. Scrimmages are held during practice. Children will receive shirts.

HIGH SCHOOL SOCCER LEAGUE

Wednesday & Thursday,
 7:30 pm - 9 pm
FREE with
 \$50 Annual membership



CULTURAL ARTS

Dan Isenberg, Director
666-8069 x129 or disenberg@bgcnw.com

DRAWING & PAINTING Code 6264

Fee: \$195.00 Saturdays - 13 weeks



- Learn the basics in black, white and color media using pencils, charcoal, markers, pens, pastel and acrylic paint.
- Learn to draw still life, animals, portraits, landscapes and abstracts while developing your own personal style.
- Patricia Frankel – Instructor
- Limited Enrollment

GROUP 1 ages 7-11 11:15am - 12:45pm
GROUP 2 ages 7-11 1:00 - 2:30pm
 Youth 12 and over may enroll with permission of instructor

MAC LAB DIGITAL ARTS PROGRAMS

Free for members. Grades 6-12.
 Drop in hours, Mon-Fri 2-4, 6-9
 Photography, Video and Music

MUSIC PRODUCTION WORKSHOPS

Weds. 7-9pm



CLUB CLOSED

NOV. 24, 25, 26 • DEC. 24-31 (OPEN JAN 2)
JAN. 16 • NO CLASSES FEB. 20-25



MAIL IN REGISTRATION INFORMATION

Please follow the procedure listed below for MAIL-IN REGISTRATION for Swimming and Cultural classes for WINTER, 2011-2012

REGISTRATION, MEMBERSHIP FORMS & PAYMENT MUST BE RECEIVED NO LATER THAN NOV. 12, 2011.

After this date, you must come in person to register. You may register in person beginning on Tues., Nov. 14

WINTER SESSION: NOVEMBER 21, 2011 - MARCH 17, 2012

MAIL-IN REGISTRATION – (Please Read below before completing form)

1. Mail In or Walk In Registration Only. (We cannot take telephone or email Registration or changes)
2. Please read the Aquatic Policy (page 7), which contains important information pertaining to the Aquatic Program.
3. All information MUST be completed CLEARLY and in PRINT before registration can be processed.
4. Please be sure to include the correct program name, code number, day and time and class fee.
5. Complete one Membership Form and include \$50 fee per child. ***Current membership is required for all ongoing classes and programs unless otherwise noted.*** Current membership will expire June 30, 2012.
6. Program fees and membership fees must be included with Registration Form. All fees must be paid in full. Make checks payable to the Boys & Girls Club of Northern Westchester.
There will be a \$50 service charge for all CHECKS RETURNED by the bank.
Please note we accept credit cards (VISA, MASTERCARD & AMERICAN EXPRESS).
Please complete the form below if you wish to pay by credit card. **Minimum on credit card is \$35.**
7. All Registrations after Nov. 12, including changes, must be done in person.
 - **Multiple Child Discount** For children in the same family in **Aquatic Lessons only**.
2nd child 10%; 3rd child 5%.
 - **Call for Swim Testing** - 666-8069, ext. 117.
 - **See page 7 for session information for swim lessons**
 - **General Release must be signed.**

CREDIT CARD AUTHORIZATION FORM (INCLUDE WITH MAIL-IN REGISTRATION)

NAME _____ TELEPHONE # _____

BILLING ADDRESS (Of Credit Card Holder) _____

EMAIL ADDRESS _____

CREDIT CARD TYPE MC VISA AMEX

CREDIT CARD # _____ VISA CODE _____

NAME ON CREDIT CARD _____ EXPIRATION DATE _____

TOTAL DUE _____ DATE _____

BGCNW IS AUTHORIZED TO CHARGE MY CREDIT CARD ACCOUNT.

AUTHORIZED SIGNATURE _____

**BOYS & GIRLS CLUB OF NORTHERN WESTCHESTER
REGISTRATION FORM**

WINTER SESSION - NOV. 21, 2011 - MARCH 17, 2012

Please return the form with your payment to:
Boys & Girls Club of Northern Westchester, 351 Main Street, Mount Kisco, NY 10549

OFFICE USE ONLY:	
Program Fee \$	_____
Membership Fee \$	_____
Receipt #	_____
Check #	_____ Cash <input type="checkbox"/> Credit Card <input type="checkbox"/>
Date Paid	_____ Taken by _____

**MULTIPLE CHILD DISCOUNT FOR CHILDREN IN THE SAME FAMILY IN AQUATIC LESSONS ONLY.
2ND CHILD: 10% 3RD OR MORE: 5% (Discount already applied to Swim Clinic fees)**

PLEASE ENTER ALL INFORMATION CLEARLY AND IN PRINT

Name of Mother _____ Name of Father _____

Home Address _____ City/Town _____ Zip _____

Telephone # _____ Work # _____ Cell # _____

E-Mail Address _____

Full Name of Person Taking Course	M	F	D/O/B	Grade	Name of Program	Session	Code	Day	Time	Class Fee	Membership Fee
1.											
2.											
3.											
4.											
5.											

Payment: Enclosed is my CHECK or MONEY ORDER CREDIT CARD **NO CASH**
For Credit Cards, please complete form on page 4. Payments are due in full.

Sub Total \$ _____

Membership Fee \$ _____

Total Enclosed \$ _____

<p>GENERAL RELEASE: The undersigned hereby releases the Boys & Girls Club of Northern Westchester, employees and volunteers thereof, of any responsibility should an accident or injury occur to the above mentioned child(ren) as a result of the above mentioned activity sponsored by the Boys & Girls Club of Northern Westchester.</p> <p>Parent/Guardian Signature _____ Date _____</p>
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FOR NEW OR RENEWAL MEMBERSHIPS ONLY

NEW MEMBERSHIP RENEWAL CHILD # _____ **EXPIRES 6/30/2012**

ALLERGIES/MEDICAL CONDITIONS WE SHOULD BE AWARE OF: _____

LIST MEDICATIONS YOUR CHILD IS PRESENTLY TAKING: _____

(Optional) – This information is for fund-raising purposes only. Strictly confidential. Ethnic Background _____ Numbers in Household _____ Single Parent Household _____

Family Income: \$10,000-25,000 \$25,000-32,100 \$32,100-36,700 \$36,700-41,250 \$41,250-46,850 \$46,850-49,500 \$49,500-53,200 \$53,200 +

PLEASE READ AND SIGN BELOW - In the event that I cannot be reached in an emergency, the Boys & Girls Club authorities may take such measures as they deem appropriate and shall notify me as soon as possible. In addition, I hereby give my permission for securing at the expense of the undersigned, appropriate medical treatment. This will also include releasing my child for any treatment necessary in the emergency room of an accredited hospital by emergency room staff or Doctors they would call in for emergency room treatment.

PHOTO & VIDEO RELEASE FORM -My child may or may not be photographed for the purpose of PUBLIC RELATIONS, TRAINING, AND/OR MONITORING STAFF without time limitations. I understand that I will be notified of such video taping or photography.

Date: _____ Signature _____ Print Name _____



Party Rentals

Have your next event or party at the Boys and Girls Club!

Our spacious community room, gym, game room, digital art center, arts & crafts room, pool and kitchen make the Boys and Girls Club the perfect spot for your next party!

- Parties for all ages and any occasion!
- Choose from among our party options and combine them to create the ultimate party experience - or create your own custom party!
- Full service kitchen - catering available!
- The entire facility is available for larger parties and outdoor picnics!

**Contact Joan Reuter for pricing information and availability
(914) 666-8069, ext. 106**



Serving Youth in Over 60 Communities

Boys & Girls Clubs of America National Alumni Survey: 52% said participating in the Club “really saved my life” • 79% said participating in the Club had a positive impact on my family • 95% said the Club was one of the best things available in my community • 93% said the staff members in the Club really care and are dedicated.

**FOR INFORMATION, SCHEDULES, UPDATES, ETC. LOG ONTO OUR WEBSITE:
www.bgcnw.com**

DENNIS MUNSON AQUATIC SCHOOL

Dennis Munson, Director, at 666-8069 x115
Robert Rishel, Asst. Director, at 666-8069 x117

AQUATIC POLICY

Please do not ask the Front Desk or Registrar which class to enroll your child in; please see/call an Aquatics person.

Please do not leave the building while your child is swimming due to unexpected needs your child may have. Please do not change children on pool deck.

SWIM ABILITY TESTING:

Evaluations, available by appointment, are scheduled during youth swim times. Please call the Aquatic Dept: 914-666-8069 ext. 117.

ELECTRICAL STORMS: In accordance with Public Health & Safety Laws, Aquatic classes will be halted in severe electrical storms. If the class has been in session for at least 15 minutes, there will be no make-up.

LOCKERS are for use only during the time you are in the building. If locks are left on, they are subject to removal without prior notice. We are not responsible for locks or personal items.

SWIM CAPS must be worn by all swimmers whose hair is below their ears, except Water Explorers. Caps may be purchased at the Front Desk.

ILLNESS: Please do not send children to lessons if they are ill, have a cold, cough or fever. Skin and eye infections will exempt class participation.

FAMILY SWIM: Sat 2:00-3:00 Free for Members and Parent/Guardian. Parent/Guardian must accompany Club member, wear bathing suit and be in the water. Swim cap rule is in effect. No spectators allowed at this time.

YOUTH SWIM: Mon-Th 3:00-4:00 and Sat 12:00-1:00 Free to all members age 8 and up. Must be in Level 3 or higher or stand 50 inches at chin. Swim cap rule is in effect.

NEW FOR WINTER

MINI SWIM LESSON SESSIONS

You may register for one or any combination of the five-week sessions -OR- register for all 15 weeks. This does not include Competitive Stroke Clinic

SESSION 1: Nov. 21 - Dec. 22
Mon., Tues, or Wed \$75
Thurs. \$60 (no class 11/14 & 11/24)
Sat. \$45 (no class 11/26, 12/24)

SESSION 2: Jan. 2 - Feb. 4
Mon. \$60 (no class 1/16)
Tues, Wed, Thurs or Sat \$75

SESSION 3: Feb. 6 - Mar. 17
(No classes the week of Feb. 20)
Mon, Tues, Wed, Thurs or Sat \$75

FIFTEEN WEEKS: Nov. 21 - Mar. 17
Mon. \$210
Tues, Wed \$225
Thurs \$210
Sat. \$195

Parent/Guardian Observation Weeks: First and last week of session.

There are no make-up weeks during the Winter segment. If the Club closes due to weather conditions, credits will be issued toward future classes.



Pre-School Safety & Swim Programs

Lessons are 1/2 hour

Multiple Child Discount applies.

Using American Red Cross standards, these programs build swimming readiness through guided practice within a safe and fun atmosphere. Elementary skills taught include: kicking on front/back, blowing bubbles, arm/stroke execution, and body coordination. Safety skills are also taught. Swim caps are required for children in 3 year Class and up if hair is below the ears.



WATER EXPLORERS

Code 6252A

Recommended age - 6 months to 3 1/2 years with adult. Have fun in the pool with your Water Explorer with songs, games, and activities that will help you and your child be safer and more comfortable in the water. Submersion is your choice. No previous experience is needed. Swim diapers must be worn under child's bathing suit, if needed.

M	T	W	Th	F	S
2:30	10:30	10:30	-	-	9:00
-	-	2:30	-	-	10:00

DAYTIME DOLPHINS

Code 6252E

PRE-SCHOOL BEGINNER/INTERMEDIATE NO parental assistance. For three, four and five year olds. Little or no swimming experience needed. Breathing, kicking and beginner strokes are taught. Swim caps are required if hair is below the ears.

M	T	W	Th	F	S
1:00	11:00	10:00	1:00	-	-
-	1:30	1:30	-	-	-
2:00	2:00	2:00	2:00	-	-

WISE WHALES

Code 6252F

PRE-SCHOOL ADVANCED. NO parental assistance. Three, four and five year olds who are able to swim independently 20 feet on front and at least 15 feet on back. Swim caps are required if hair is below the ears.

M	T	W	Th	F	S
-	10:00	11:00	-	-	-
1:30	1:00	1:00	1:30	-	-

ALL DAY ALLIGATORS

Code 6252D

PRE-SCHOOL BEGINNER/INTERMEDIATE/ADVANCED. NO parental assistance. For three, four and five year olds having any level of proficiency. Swim caps are required if hair is below the ears.

M	T	W	Th	F	S
4:00	4:00	4:00	-	-	-

SATURDAY STINGRAYS

Code 6252G

PRE-SCHOOL BEGINNER/INTERMEDIATE/ADVANCED. NO parental assistance. A combined class for three, four and five year olds having any level of proficiency. Swim caps are required if hair is below the ears.

Saturdays only

8:30 9:00 9:30 10:00 10:30 11:00 11:30 2:00

CLUB CLOSED

**NOV. 24, 25, 26 • DEC. 24-31 (OPEN JAN 2)
JAN. 16 • NO CLASSES FEB. 20-25**

MARLINS SWIM TEAM

SEPT. THROUGH AUG.

NEW 12-MONTH PROGRAM

- 12-time Boys & Girls Club of America National Champions
- Ranked: 69th Nationally out of 2,454 Clubs.
5th in Metropolitan Zone out of 61 Clubs.
- The majority of Marlin's Members began swimming at the Boys & Girls Club of Northern Westchester.

	Novice	Junior	Senior
Monday	5:00-6:30pm	–	6:30-8:30pm
Tuesday	–	5:00-6:30pm	6:30-8:30pm
Wednesday	4:00-5:00pm	6:30-7:30pm	5:00-6:30pm
Thursday	4:00-5:00pm	5:00-6:30pm	6:30-8:30pm
Friday	5:30-6:30pm	6:30-8:00pm	3:30-5:30pm
Saturday	–	3:00-4:45pm	7:00-9:00am
Sunday	8:00-9:00am	9:00-10:30am	10:30-12:30pm

Swim Team Fees - 12 months: 8 & under \$2,200
9-12 \$2,400 • 13 & over \$2,600
 Plus \$50 membership fee per child

Home Meets: Oct 15 & 16, Nov 5 & 6, Dec. 3, Jan 14 & 15

School Age Safety Swim & Fitness Programs

Levels 1 & 2 and 3 lessons are ½ hour
Multiple Child Discount applies. Minimum Age 6 or in a Full Day Kindergarten. Not suited for preschool children. Swim caps are required if hair is below the ears.

LEVEL 1 & 2: INTRODUCTION TO WATER AND FUNDAMENTAL AQUATIC SKILLS Code 6262AA

Little or no swimming skills are necessary to enroll.

M	T	W	Th	F	S
4:30	4:30	–	–	–	9:30
5:00	–	4:30	–	–	10:30
–	–	–	–	–	11:00
–	–	–	–	–	1:30

LEVEL 3: STROKE DEVELOPMENT Code 6262BB

Must pass level 2 or must swim 20 feet on front and 20 feet on back using rhythmic breathing, unaided

M	T	W	Th	F	S
4:00	4:00	4:00	–	–	9:00
4:30	4:30	4:30	–	–	10:10
5:00	–	–	–	–	11:30
–	–	–	–	–	1:00



School Age Safety Swim & Fitness Programs

Levels 4 and 5/6 lessons are 40 minutes

Multiple Child Discount applies. Minimum Age 6 or in a Full Day Kindergarten. Not suited for preschool children. Swim caps are required if hair is below the ears.

LEVEL 4: STROKE IMPROVEMENT Code 6262CC

Must pass Level 3 or must swim front crawl with rotary breathing and elementary back stroke 15 yards each, dive and tread water.

M	T	W	Th	F	S
4:10	–	4:00	–	–	9:30
4:50	4:20	–	4:20	–	10:40

LEVEL 5/6: STROKE REFINEMENT/ PERSONAL WATER SAFETY Code 6262DD

Must pass level 4 or must swim front crawl and elementary backstroke 25 yards, breast stroke and back crawl 15 yards, tread water 2 minutes.

M	T	W	Th	F	S
4:20	–	4:20	–	–	11:20

COMPETITIVE STROKE CLINIC Code 6262EE

1 hour. Must have been in Level 4 for at least two sessions or be in level 5/6 - or have coaches' approval after evaluation. Skills for competitive swimming and overall fitness.

Mon. 5:30-6:30 OR Thurs. 4:00-5:00 OR Sat. 1:00-2:00

Multi-child discount is figured into prices below:

	Mon. (14 weeks)	OR Thurs. (12 weeks)	OR Sat. (12 weeks)
1st child	\$280	\$240	\$240
2nd child	\$252	\$216	\$216
3rd child	\$266	\$228	\$228

(10% discount 2nd child; 5% discount 3rd child.)



LIFEGUARDING 2012 Limit 20 per class

LG – I \$400.00

Pretest: Fri. Jan. 6, 8-9pm

Classes: Sundays (must attend all classes)
 Jan. 8, 22, 29, Feb. 5 10:00am – 6:30pm

LG – II \$400.00

Pretest – Fri. March, 2 8-9pm

Classes: Sundays (must attend all classes)
 March 4, 11, 18, 25 10:00am-6:30pm

LG – III \$400.00

Pretest: Fri. April 13, 8-9pm

Classes: Sundays (must attend all classes)
 April 15, 22, 29, May 6 10:00am – 6:30pm





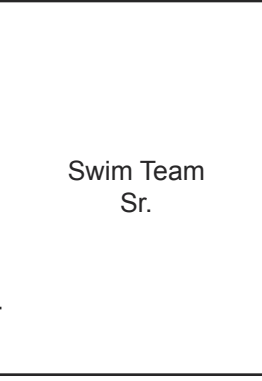
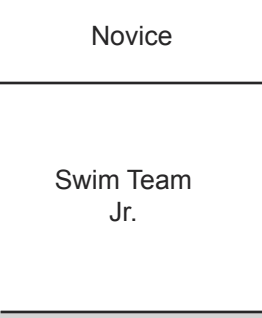

CPR/AED for LIFEGUARDS

Review: Sun. May 20, 10am-5pm. Fee: \$65 limit 10 in class


LIFEGUARDING REVIEW – based on interest

Call Robert Rishel, Asst. Aquatic Director at 666-8069 x117

POOL SCHEDULE - WINTER 2012

POOL SCHEDULE - WINTER 2012																	
	Monday			Tuesday			Wednesday			Thursday		Friday					
10:00				Whales			Dolphins										
10:30				Water Explorers			Water Explorers										
11:00				Dolphins			Whales										
11:30																	
12:00																	
12:30			NS 1			NS 2			NS 1			NS 2					
1:00	Dolphins			Whales			Whales			Dolphins							
1:30	Whales			Dolphins			Dolphins			Whales							
2:00	Dolphins			Dolphins			Dolphins			Dolphins							
2:30	Water Explorers			NS 3			Water Explorers			NS 3							
3:00	Youth Swim & Private Lessons			Youth Swim & Private Lessons			Youth Swim & Private Lessons			Youth Swim & Private Lessons							
3:30																	
4:00	ADA	L 3		ADA	L 3		Novice		ADA	L 3		Novice			Clinic		
4:10																	
4:20																	
4:30																	
4:50	L 1/2	L 3	L 4	L 5/6	L 1/2	L 3	L 4	Novice	L 5/6	L 1/2	L 3	L 4	Novice	Clinic	L 4		
5:00	L 1/2	L 3	L 4	Novice	Swim Team Jr.	Swim Team Jr.	Swim Team Sr.	Swim Team Sr.	Swim Team Jr.								
5:30	Clinic																
6:00	Clinic								Novice								
6:30	Swim Team Sr.			Swim Team Sr.			Swim Team Jr.			Swim Team Sr.							
7:00																	
7:30							North East										
8:00																	
8:30	CLUB CLOSED NOV. 24, 26 • DEC. 24-31 (OPEN JAN 2) JAN. 16 • NO CLASSES FEB. 20-25																

SATURDAY POOL SCHEDULE - WINTER 2012

7:00	Swim Team - Sr.		
8:30			
9:00	Saturday Stingrays	Level 3	Water Explorers
9:30	Level 1/2	Level 4	Saturday Stingrays
10:00 10:10	Saturday Stingrays	Level 3	Water Explorers
10:30 10:40	Level 1/2		Saturday Stingrays
11:00	Level 1/2	Level 4	Saturday Stingrays
11:20 11:30	Level 3	Level 5/6	Saturday Stingrays
12:00	Youth Swim		
1:00	Level 3	Clinic	Private Lessons
1:30	Level 1/2		
2:00	Saturday Stingrays	Family Swim	
2:30			
3:00	Swim Team - Jr.		

Boys & Girls Club of Northern Westchester
351 Main Street
Mt. Kisco, NY 10549

Non-Profit Organization
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White Plains, NY
Boys & Girls Club
of Northern Westchester
Permit No. 49180

DATED MATERIAL
DELIVER BY: OCTOBER 31, 2011



For Your Convenience
**MAIL IN
REGISTRATION**
ENDS NOVEMBER 12, 2011
Credit Cards Accepted
(Visa, Mastercard, American Express)



**BOYS & GIRLS CLUB
OF NORTHERN WESTCHESTER**

**NEW
Mini Swim
Lesson
Sessions**
See Pg. 7



WINTER PROGRAM GUIDE

NOVEMBER 21, 2011 – MARCH 17, 2012

Mail In Registration Ends November 12, 2011 Credit Cards Accepted (Visa, MC, Amex)

Walk In Registration Begins November 14, 2011 See page 1 for building hours.

Para información en español, llamen a Marilyn Lucchese 914-666-8069 ext. 116