



BOYS & GIRLS CLUB
OF NORTHERN WESTCHESTER



SPRING PROGRAM GUIDE

MARCH 19 – JUNE 16, 2012



FOR INFORMATION, SCHEDULES, UPDATES, ETC. LOG ONTO OUR WEBSITE:

www.bgcnw.com

Mail In Registration Ends March 10, 2012 Credit Cards Accepted (Visa, MC, Amex, Discover)

Walk In Registration Begins March 12, 2012 See page 1 for building hours

Summer Adventure Club 2012 open registration begins February 13

Early Childhood Education and Fun Club after school 2012-2013 begins February 13

Para información en español, llamar a Pablo Malaver 914-666-8069 ext. 100



**BOYS & GIRLS CLUB
OF NORTHERN WESTCHESTER**

"The Positive Place for Kids"

351 Main Street • Mt. Kisco, NY 10549
Tel: (914) 666-8069 • Fax: (914) 666-9166

www.bgcnw.com

The Boys & Girls Club of Northern Westchester is a voluntary nonprofit corporation, governed by the Board of Directors. Our purpose is to create hope, opportunity and civic engagement.

As a nonprofit corporation, we strive to keep our fees low so that all youths can participate. For those people who may not be able to afford our fees, financial aid is available.

OUR MISSION

To enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.

GENERAL POLICIES

MEMBERSHIP

Membership runs from July 1 through June 30, and is open to all children up to age 18

- Membership Fee: \$25 per child for half year
- \$5 Fee for lost cards.
- Pick up cards at Front Desk.
- **All Members MUST Scan in at Front Desk.**

DROP OFF ZONE & PARKING

The purpose of the Drop Off Zone in front of the Boys & Girls Club building and Parking Regulations is the safety of ALL our children. Please abide by the following:

- All vehicles **MUST** stop at the Stop sign.
- Do not stop or park in the crosswalk in front of the Club.
- Do not park in the Drop Off Zone or by the curbs in the driveway.
- Handicap permits must be visible in the windshield.
- Do not leave your car running or your children unattended while you enter the building.

CLUB "HOUSE" RULES

- Treat others as you wish to be treated
- Remove head gear in building
- Appropriate language and physical contact
- No children under six allowed in the Game Room, Computer Labs and Art Room.
- We are not responsible for lost or stolen items

**REGISTRATION INFORMATION
and PROGRAM CALENDAR**

SPRING SESSION: MARCH 19 - JUNE 16

Mail In Registration Ends March 10

Walk In Registration begins March 12

Mon. through Fri. 9am-6pm; Sat. 8:30am-4pm.

SUMMER SESSION: JUNE 25 - AUGUST 17

Mail In Registration Ends June 23

Walk In Registration begins June 18

Mon. through Fri. 9am-6pm; Sat. 8:30am-4pm.

- All participants in Boys & Girls Club programs must be members of the Club.
- There will be a \$50 service charge for all checks returned.
- A \$25 Administration Fee will be charged for each change after you register, including changing or withdrawal from class.
- Schedules are subject to change.
- Not responsible for typographical errors.

GENERAL BUILDING HOURS

Sept. 13-June 16, 8am - 9pm/June 18-22 8am-7pm Closed Sat.

Building will be open on Saturdays 8am-5pm for

Lessons only through June 16

THERE WILL BE NO DROP IN PROGRAMS ON SATURDAYS

CLUB CLOSINGS 2011-2012

Aug. 20-Sept. 5Closed for Maintenance

Sept. 5Labor Day

Oct. 10Columbus Day

Nov. 24, 25, 26.....Thanksgiving holiday

Dec. 28-31Christmas/New Year holiday

Jan. 16.....Martin Luther King Day

Closed Memorial Day, May 28

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Have you been missing out?

Sign up to receive our e-blasts with important information about Club activities and events.

Visit our website **www.bgcnw.com** and sign up on the home page, or contact

Jean Skanes with your e-mail address at 914-666-8069 ext. 111 or jskanes@bgcnw.com

Visit our Blog: **www.bgcnw.wordpress.com**

Serving Youth in Over 60 Communities. Boys & Girls Clubs of America National Alumni Survey:

52% said participating in the Club "really saved my life" • 79% said participating in the Club had a positive impact on my family • 95% said the Club was one of the best things available in my community • 93% said the staff members in the Club really care and are dedicated.

EARLY CHILDHOOD EDUCATION

Betty Lou Ostrye, Director 914-666-8069, ext. 103 bostrye@bgcnw.com

September 4, 2012 to August 16, 2013

7am and 8am Early Drop Off

9am-4pm Class • 4pm-6pm Late Pick up

Classes are taught by Early Childhood Educators. We incorporate the **Early Childhood Creative Curriculum**. The program also includes: learn to swim program, developmentally appropriate classroom activities, physical education program, music and nap time. Before School Care program includes breakfast. All children receive a mid-morning snack. Children receive a hot lunch cooked on site. After School Care children receive a light snack. Children must be 3 or 4 by December 1, 2012 and FULLY toilet trained.

If interested in less than 5 days contact Betty Lou Ostrye, 666-8069 x103

The Boys & Girls Club Child Care Center is licensed by the State of New York Office of Children and Family Services.

Open Registration Feb. 13, 9-6:30. **Must register in person.**

Annual Fees*	9-4pm	7-9am	8-9am	4-6pm
5 Days	\$9,450	\$2,625	\$1,313	\$2,625
4 Days	7,560	2,100	1,050	2,100
3 Days	5,670	1,575	788	1,575

* Plus \$50 membership

SCHOOL AGE CARE PROGRAMS

AFTER SCHOOL FUN CLUB/ MENTORING PROGRAM

Grades K-8 • September 4, 2012 - June 21, 2013

Monday thru Friday, 2:30 - 6:30 (6, 7, 8)* 3:30 - 6:30 (K-5)

Activities include arts and crafts, gym, Power Hour Homework, Computer Lab, games, reading, hot afternoon meal, and more. Includes 185 school days, Superintendent conference days, and half days. Vacation weeks, when available, are **FREE** of charge to Fun Club members.

The Fun Club is registered with the NY State Office of Children and Family Services.



BEFORE SCHOOL FUN CLUB

Monday thru Friday, 7am to 8:30am

Bedford Central School District will provide transportation to all of its Elementary Schools except Mt. Kisco. The Boys & Girls Club will transport to Mt. Kisco.

Call Barbara E. Cutri, Director of Operations, for information: 914-666-8069, ext.107 or bcutri@bgcnw.com

Open Registration Feb. 13, 9am-6:30pm, Grades 6, 7, 8 pay \$50 Membership Fee only.

MUST REGISTER IN PERSON.

Annual Fees*	3:30-6:30pm	7-8:30am	8-8:30am
5 Days	\$3,497	\$1,846	\$1,050
4 Days	2,930	1,476	840
3 Days	2,363	1,108	630
2 Days	1,796	738	420

* Plus \$50 membership

SUMMER ADVENTURE CLUB

For Children Entering grades 1-9 in September 2012

June 25 to August 17, 9am-4pm (No program July 4)

Early Drop Off: 7am OR 8am

Extended Day: 4 - 6pm

**Swimming • Sports • Outdoor Activities • Playground
Arts & Crafts • Digital Computer Lab * Game Room • Specials**

Program is certified by Westchester County Dept. of Health.

Open Registration Feb. 13 9am-6:30pm. **Must register in person.**

Children may register for 4 weeks (6/25-7/20) or 8 weeks (7/23-8/17)

Staff to child ratio: 1-8 grades 1-4; 1-10 grades 5-9

Head counselors have Red Cross Certifications in Responding to Emergencies (RTE), CPR for the Professional Rescuer, AED & EpiPen.



Enrollment is limited. For information contact:

Barbara Cutri, Director of Operations

914-666-8069, ext. 107, bcutri@bgcnw.com

Fees*	9-4pm	7-9am	8-9am	4-6pm
8 weeks	\$840	\$504	\$202	\$404
4 weeks	\$500	\$252	\$101	\$202

*Plus \$50 membership. Fee for Yorktown bus: 4 weeks \$200; 8 weeks \$400
Bus available based on minimum of 30 per day.

VACATION BREAKS GRADES K-7

Winter Break: Feb. 20-24 Spring Break: April 2-6

Hot lunch, swimming, arts & crafts, sports, games and more....

\$100./week 9am-4pm

\$25.00/week 8am early drop off \$50.00/week 6pm pick up

Must register in person. Registration is for Full Week only. Please bring child's medical form

TEEN PROGRAMS

Athenia Lee, Director 914-733-0033

HIGH SCHOOL STUDENTS Grades 9-12

Monday-Friday 2:00pm - 9:00pm

MIDDLE SCHOOL STUDENTS Grades 6-8

Monday-Friday 2:00pm - 8:00pm (Grades 6 & 7)

Monday-Friday 2:00pm - 9:00pm (Grade 8)

FRIDAY NIGHT LIGHTS Every Friday night 7-9pm

Middle/High School members and friends

Weekly special events including Live Music, Movies, Game Room Contests, Sports and Seasonal Parties

FREE for members, \$2.00 for non-members

Pizza Special - \$3.00 (2 slices and soda)

For more info, contact Dan Isenberg at 666-8069

Ext 129 or disenberg@bgcnw.com



Community Service/Volunteer Orientations

Must commit at least 2 days/week, 3 hrs/day, 5 weeks

For youth age 14-18 interested in volunteering at the Boys and Girls Club. Contact **Athenia Lee, Director of Teen Programs, 914-733-0033 or alee@bgcnw.com.**

Adult Volunteers call **Barbara E. Cutri, Director of Operations, 914-666-8069 or bcutri@bgcnw.com**

Tuesdays at 6pm: Mar. 27 • April 24 • May 22 (for Summer volunteers)

SPORTS/FITNESS/RECREATION

John Tunas, Director
666-8069 x125 or jtunas@bgcnw.com

STREET RANGERS FLOOR HOCKEY PROGRAM

MIDDLE SCHOOL LEAGUE

April 23 - June 13

Tuesdays & Wednesdays 5:30 - 6:30pm

FREE with membership.

HIGH SCHOOL SOCCER LEAGUE

Thursday,

7:30 pm - 9 pm

FREE with membership.



**FOR MORE INFORMATION, UPDATES
AND SCHEDULES GO TO**

www.bgcnw.com

And visit our blog:

www.bgcnw.wordpress.com



**CLUB CLOSED
MAY 28
No Classes April 2-7**

CULTURAL ARTS

Dan Isenberg, Director
666-8069 x129 or disenberg@bgcnw.com

DRAWING & PAINTING

Code 6264

Fee: \$180.00 Saturdays - 12 weeks



- Learn the basics in black, white and color media using pencils, charcoal, markers, pens, pastel and acrylic paint.
- Learn to draw still life, animals, portraits, landscapes and abstracts while developing your own personal style.
- Patricia Frankel – Instructor
- Limited Enrollment

GROUP 1 ages 7-11 11:15am - 12:45pm

GROUP 2 ages 7-11 1:00 - 2:30pm

Youth 12 and over may enroll with permission of instructor

MAC LAB DIGITAL ARTS PROGRAMS

Free for members. Grades 6-12.

Drop in hours, Mon-Fri 2-4, 6-9

Photography, Video and Music

MUSIC PRODUCTION WORKSHOPS

Weds. 7-9pm





MAIL IN REGISTRATION INFORMATION

Please follow the procedure listed below for MAIL-IN REGISTRATION for Swimming and Cultural classes for SPRING, 2012
REGISTRATION, MEMBERSHIP FORMS & PAYMENT MUST BE RECEIVED NO LATER THAN March 10, 2012.
After this date, you must come in person to register. You may register in person beginning on Mon., March 12

SPRING SESSION: MARCH 19, 2012 - JUNE 16, 2012

MAIL-IN REGISTRATION – (Please Read below before completing form)

1. Mail In or Walk In Registration Only. (We cannot take telephone or email Registration or changes)
2. Please read the Aquatic Policy (page 7), which contains important information pertaining to the Aquatic Program.
3. All information MUST be completed CLEARLY and in PRINT before registration can be processed.
4. Please be sure to include the correct program name, code number, day and time and class fee.
5. Complete one Membership Form and include \$25 fee per chld. **Current membership is required for all ongoing classes and programs unless otherwise noted.** Current membership will expire June 30, 2012.
6. Program fees and membership fees must be included with Registration Form. All fees must be paid in full. Make checks payable to the Boys & Girls Club of Northern Westchester. There will be a \$50 service charge for all CHECKS RETURNED by the bank.
Please note we now accept credit cards (VISA, MASTERCARD, AMERICAN EXPRESS & DISCOVER).
Please complete the form below if you wish to pay by credit card. **Minimum on credit card is \$35.**
7. All Registrations after March 12, including changes, must be done in person
 - **Multiple Child Discount** For children in the same family in **Aquatic Lessons only.**
2nd child 10%; 3rd child 5%. (**Discount already applied to Swim Clinic fees**)
 - **Call for Swim Testing** (914) 666-8069, ext. 117
 - **General Release must be signed.**

CREDIT CARD AUTHORIZATION FORM (INCLUDE WITH MAIL-IN REGISTRATION)

NAME _____ TELEPHONE # _____

BILLING ADDRESS (Of Credit Card Holder) _____

EMAIL ADDRESS _____

CREDIT CARD TYPE MC VISA AMEX DISCOVER

CREDIT CARD # _____ CODE _____

NAME ON CREDIT CARD _____ EXPIRATION DATE _____

TOTAL DUE _____ DATE _____

BGCNW IS AUTHORIZED TO CHARGE MY CREDIT CARD ACCOUNT.

AUTHORIZED SIGNATURE _____

**BOYS & GIRLS CLUB OF NORTHERN WESTCHESTER
REGISTRATION FORM**

SPRING SESSION - MARCH 19, 2012 - JUNE 16, 2012

Please return the form with your payment to:
Boys & Girls Club of Northern Westchester, 351 Main Street, Mount Kisco, NY 10549

OFFICE USE ONLY:	
Program Fee \$	_____
Membership Fee \$	_____
Receipt #	_____
Check #	_____ Cash <input type="checkbox"/> Credit Card <input type="checkbox"/>
Date Paid	_____ Taken by _____

**MULTIPLE CHILD DISCOUNT FOR CHILDREN IN THE SAME FAMILY IN AQUATIC LESSONS ONLY.
2ND CHILD: 10% 3RD OR MORE: 5% (Discount already applied to Swim Clinic fees)**

PLEASE ENTER ALL INFORMATION CLEARLY AND IN PRINT

Mother's Full Name _____ Father's Full Name _____

Home Address _____ City/Town _____ Zip _____

Telephone # _____ Work # _____ Cell # _____

E-Mail Address _____

Full Name of Person Taking Course	M	F	D/O/B	Grade	Name of Program	Session	Code	Day	Time	Class Fee	Membership Fee
1.											
2.											
3.											
4.											
5.											

Sub Total \$ _____

Membership Fee \$ _____

Total Enclosed \$ _____

GENERAL RELEASE: The undersigned hereby releases the Boys & Girls Club of Northern Westchester, employees and volunteers thereof, of any responsibility should an accident or injury occur to the above mentioned child(ren) as a result of the above mentioned activity sponsored by the Boys & Girls Club of Northern Westchester.

FOR NEW OR RENEWAL MEMBERSHIPS ONLY

NEW MEMBERSHIP RENEWAL CHILD # _____ **EXPIRES 6/30/2012**

ALLERGIES/MEDICAL CONDITIONS WE SHOULD BE AWARE OF: _____

LIST MEDICATIONS YOUR CHILD IS PRESENTLY TAKING: _____

(Optional) – This information is for fund-raising purposes only. Strictly confidential. **Ethnic Background** _____ **Numbers in Household** _____ **Single Parent Household** _____

Family Income: \$10,000-25,000 \$25,000-32,100 \$32,100-36,700 \$36,700-41,250 \$41,250-46,850 \$46,850-49,500 \$49,500-53,200 \$53,200 +

PLEASE READ AND SIGN BELOW - In the event that I cannot be reached in an emergency, the Boys & Girls Club authorities may take such measures as they deem appropriate and shall notify me as soon as possible. In addition, I hereby give my permission for securing at the expense of the undersigned, appropriate medical treatment. This will also include releasing my child for any treatment necessary in the emergency room of an accredited hospital by emergency room staff or Doctors they would call in for emergency room treatment.

PHOTO & VIDEO RELEASE FORM -My child may or may not be photographed for the purpose of PUBLIC RELATIONS, TRAINING, AND/OR MONITORING STAFF without time limitations. I understand that I will be notified of such video taping or photography.

Date: _____ Signature _____ Print Name _____

COMMUNITY INFORMATION

HAVE YOUR NEXT EVENT OR PARTY AT THE BOYS AND GIRLS CLUB

PARTY RENTALS

Our spacious community room, gym, game room, digital art center, arts & crafts room, pool and kitchen make the Boys and Girls Club the perfect spot for your next party!

- Parties for all ages and any occasion!
- Choose from among our party options and combine them to create the ultimate party experience - or create your own custom party!
- Full service kitchen
- The entire facility is available for larger parties and outdoor picnics!

Contact Joan Reuter for pricing information and availability
(914) 666-8069 EXT. 106



Club Members
receive a
\$25 DISCOUNT
ON ALL PARTIES!



ALATEEN

Meetings first Thursday of each month through June, 2012
6:30-7:30 in the BGC High School Teen Center

- 12-Step program for young people ages 10-18 affected by someone else's alcohol problem.
- This is an anonymous program that allows teens to find solutions to a common problem

FOR INFORMATION CALL (914) 946-1748

MOUNT KISCO FARMERS' MARKET

EVERY SATURDAY 9AM - 1PM



BBIQ (BasketBall IQ)

Private and small group basketball training sessions.
Located in the gym at the Boys & Girls Club
Mon, Tue, Wed. 7:30-9:00pm • Saturday 4:30-6:00 (Feb/March)
2:00-4:30 (April/May/June) & Sundays (Feb-June) 1:00-3:30

FOR INFO: (914) 776-2247 or www.BBallIQ.net

SPEED ATHLETICS SOCCER

Fun, Fitness and Training with the Greatest Game in the World!
Winter time training for kids

Saturday Afternoons at the Boys & Girls Club
Girls: 2:30-3:30 • Boys 3:30-4:30

**For Information contact: Camp Shropshire
at 914-841-2485 or campshrop@hotmail.com**

WESTCHESTER YOUTH FITNESS AND WRESTLING

Learn fitness and wrestling techniques

Ages 6-8 – Sundays 12-1pm

Ages 8-11 – TBA

Private lessons – TBA

FOR INFO: 917-215-2711 or www.wyfwc.com

KINDERMUSIC

Hearts...Minds... Music

Fridays at the Boys & Girls Club – 10:30-11:30

For newborns through 1 ½ years old – with parent or caregiver
Sharing in the Total development of each unique child with a joyful,
engaging approach to learning! A good beginning never ends.

**For Information: 203-438-4939 or
www.HeartsAndMindsMusic.com**

OVER THE MOON MUSIC AND MORE, LLC MUSIC TOGETHER

Music and Movement Classes for Children
Babies, Toddlers, Preschoolers and "Big" Kids

Saturdays at the Boys & Girls Club 10:00 and 11:00

**For Information: 914-722-2025 or
www.overthemoonmusicandmore.com**

ITALIANO PER BAMBINI

Introduce your child to a new language!

Children learn Italian through music, art, puppetry, dance and more

Saturdays at the Boys & Girls Club, 10:15-11:00 or 11:00-12:30

**For information: 914-793-2629 or
www.lapiazzadicarolina.com**

FOR INFORMATION, SCHEDULES, UPDATES, ETC. LOG ONTO OUR WEBSITE: www.bgcnw.com
AND VISIT OUR BLOG: www.bgcnw.wordpress.com

DENNIS MUNSON AQUATIC SCHOOL

Dennis Munson, Director, at 666-8069 x115
 Robert Rishel, Asst. Director, at 666-8069 x117

AQUATIC POLICY

Please do not ask the Front Desk or Registrar which class to enroll your child in; please see/call an Aquatics person.

Please do not leave the building while your child is swimming due to unexpected needs your child may have. Please do not change children on pool deck.

SWIM ABILITY TESTING:

Evaluations, available by appointment, are scheduled during youth swim times. Please call the Aquatic Dept: 914-666-8069 ext. 117.

ELECTRICAL STORMS: In accordance with Public Health & Safety Laws, Aquatic classes will be halted in severe electrical storms. If the class has been in session for at least 15 minutes, there will be no make-up.

LOCKERS are for use only during the time you are in the building. If locks are left on, they are subject to removal without prior notice. We are not responsible for locks or personal items.

SWIM CAPS must be worn by all swimmers whose hair is below their ears, except Water Explorers. Caps may be purchased at the Front Desk.

ILLNESS: Please do not send children to lessons if they are ill, have a cold, cough or fever. Skin and eye infections will exempt class participation.

FAMILY SWIM: Sat 2:00-3:00 Free for Members and Parent/Guardian. Parent/Guardian must accompany Club member, wear bathing suit and be in the water. Swim cap rule is in effect. No spectators allowed at this time.

YOUTH SWIM: Mon-Th 3:00-4:00 and Sat 12:00-1:00 Free to all members age 8 and up. Must be in Level 3 or higher or stand 50 inches at chin. Swim cap rule is in effect.

PRIVATE LESSONS: \$50/half hour.
 Call Bob Rishel at 914-666-8069 Ext. 117 for information and scheduling.

OBSERVATION WEEKS: March 19-24 and June 4-16
 This is the only time available to observe on the deck.

EVALUATION WEEK:

June 4-9
 Swimmers will be evaluated to determine degree of achievement. No child fails; they are merely delayed until able to master required skills.

MAKE-UP WEEK:

June 11-16
 First make-up is to be scheduled on your day and time. Second make-up is based on availability. (If you miss your make-up, there is no make-up for it.) Schedule second make-ups at Front Desk before June 9.



Pre-School Safety & Swim Programs

Lessons are 1/2 hour

Fees: Mon. \$154 Tues-Sat. \$168

Multiple Child Discount applies.

Using American Red Cross standards, these programs build swimming readiness through guided practice within a safe and fun atmosphere. Safety skills are also taught.

Swim caps are required for children in 3 year old class and up if hair is below the ears.



WATER EXPLORERS

Code 6252A

Recommended age - 6 months to 3 1/2 years with adult. Have fun in the pool with your Water Explorer with songs, games, and activities that will help you and your child be safer and more comfortable in the water. Submersion is your choice. No previous experience is needed. Swim diapers must be worn under child's bathing suit, if needed.

M	T	W	Th	F	S
2:30	10:30	10:30	-	-	9:00
-	-	2:30	-	-	10:00

DAYTIME DOLPHINS

Code 6252E

PRE-SCHOOL BEGINNER/INTERMEDIATE NO parental assistance. For three, four and five year olds. Little or no swimming experience needed. Breathing, kicking and beginner strokes are taught. Swim caps are required if hair is below the ears.

M	T	W	Th	F	S
1:00	11:00	10:00	1:00	-	-
-	1:30	1:30	-	-	-
2:00	2:00	2:00	2:00	-	-

WISE WHALES

Code 6252F

PRE-SCHOOL ADVANCED. NO parental assistance. Three, four and five year olds who are able to swim independently 20 feet on front and at least 15 feet on back. Swim caps are required if hair is below the ears.

M	T	W	Th	F	S
-	10:00	11:00	-	-	11:30
1:30	1:00	1:00	1:30	-	-

ALL DAY ALLIGATORS

Code 6252D

PRE-SCHOOL BEGINNER/INTERMEDIATE/ADVANCED. NO parental assistance. For three, four and five year olds having any level of proficiency. Swim caps are required if hair is below the ears. Combined with levels 1/2 Spring session only.

M	T	W	Th	F	S
4:00	4:00	4:00	-	-	-

SATURDAY STINGRAYS

Code 6252G

PRE-SCHOOL BEGINNER/INTERMEDIATE/ADVANCED. NO parental assistance. A combined class for three, four and five year olds having any level of proficiency. Swim caps are required if hair is below the ears.

Saturdays only

8:30 9:00 9:30 10:00 10:30 11:00 2:00

CLUB CLOSED

MAY 28

No Classes April 2-7

MARLINS SWIM TEAM

SEPT. THROUGH AUG.

NEW 12-MONTH PROGRAM

- 12-time Boys & Girls Club of America National Champions
- Ranked: 69th Nationally out of 2,454 Clubs.
5th in Metropolitan Zone out of 61 Clubs.
- The majority of Marlin's Members began swimming at the Boys & Girls Club of Northern Westchester.

	Novice	Junior	Senior
Monday	5:00-6:30pm	–	6:30-8:30pm
Tuesday	–	5:00-6:30pm	6:30-8:30pm
Wednesday	4:00-5:00pm	6:30-7:30pm	5:00-6:30pm
Thursday	4:00-5:00pm	5:00-6:30pm	6:30-8:30pm
Friday	5:30-6:30pm	6:30-8:00pm	3:30-5:30pm
Saturday	–	3:00-4:45pm	7:00-9:00am
Sunday	8:00-9:00am	9:00-10:30am	10:30-12:30pm

**Swim Team Fees - 12 months: 8 & under \$2,200
9-12 \$2,400 • 13 & over \$2,600**
Plus \$50 membership fee per child

School Age Safety Swim & Fitness Programs

Fees: Mon. \$154 Tues-Sat. \$168

Levels 1 & 2 and 3 lessons are ½ hour

Multiple Child Discount applies.

Minimum Age 6 or in a Full Day Kindergarten.

Swim caps are required if hair is below the ears.

LEVEL 1 & 2: INTRODUCTION TO WATER AND FUNDAMENTAL AQUATIC SKILLS Code 6262AA

Little or no swimming skills are necessary to enroll.

M	T	W	Th	F	S
4:00	4:00	4:00	–	–	9:30
4:30	4:30	4:30	–	–	10:30
5:00	–	–	–	–	11:00
–	–	–	–	–	1:30

LEVEL 3: STROKE DEVELOPMENT Code 6262BB

Must pass level 2 or must swim 20 feet on front and 20 feet on back using rhythmic breathing, unaided

M	T	W	Th	F	S
4:00	4:00	4:00	–	–	9:00
4:30	4:30	4:30	–	–	10:10
5:00	–	–	–	–	11:30
–	–	–	–	–	1:00



School Age Safety Swim & Fitness Programs

Fees: Mon. \$154 Tues-Sat. \$168

Levels 4 and 5/6 lessons are 40 minutes

Multiple Child Discount applies. Minimum Age 6 or in a Full Day Kindergarten. Not suited for preschool children.

Swim caps are required if hair is below the ears.

LEVEL 4: STROKE IMPROVEMENT Code 6262CC

Must pass Level 3 or must swim front crawl with rotary breathing and elementary back stroke 15 yards each, dive and tread water.

M	T	W	Th	F	S
4:10	–	4:00	–	–	9:30
4:50	4:20	–	4:20	–	10:40

LEVEL 5/6: STROKE REFINEMENT/ PERSONAL WATER SAFETY Code 6262DD

Must pass level 4 or must swim front crawl and elementary backstroke 25 yards, breast stroke and back crawl 15 yards, tread water 2 minutes.

M	T	W	Th	F	S
4:20	–	4:20	–	–	11:20

COMPETITIVE STROKE CLINIC Code 6262EE

1 hour. Must have been in Level 4 for at least two sessions or be in level 5/6 - or have coaches' approval after evaluation. Skills for competitive swimming and overall fitness.

Mon. 5:30-6:30 OR Thurs. 4:00-5:00 OR Sat. 1:00-2:00

Multi-child discount is figured into prices below:

	Mon. (11 weeks)	OR Thurs. (12 weeks)	OR Sat. (12 weeks)
1st child	\$220	\$240	\$240
2nd child	\$198	\$216	\$216
3rd child	\$209	\$228	\$228

(10% discount 2nd child; 5% discount 3rd child.)



LIFEGUARDING 2012

Limit 20 per class

LG – II \$400.00

Pretest – Fri. March, 2 8-9pm

Classes: Sundays (must attend all classes)

March 4, 11, 18, 25 10:00am-6:30pm

LG – III \$400.00

Pretest: Fri. April 13, 8-9pm

Classes: Sundays (must attend all classes)

April 15, 22, 29, May 6 10:00am – 6:30pm

CPR/AED for LIFEGUARDS - REVIEW

Sun. May 20, 10am-5pm.

Fee: \$65 limit 10 in class



LIFEGUARDING REVIEW – based on interest

Call Robert Rishel, Asst. Aquatic Director at 666-8069 x117




POOL SCHEDULE - SPRING 2012

Refer to pages 7 & 8 for class descriptions

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00		Whales	Dolphins		
10:30		Water Explorers	Water Explorers		
11:00		Dolphins	Whales		
11:30					
12:00					
12:30					
1:00	Daytime Dolphins	Wise Whales	Wise Whales	Daytime Dolphins	
1:30	Wise Whales	Daytime Dolphins	Daytime Dolphins	Wise Whales	
2:00	Daytime Dolphins	Daytime Dolphins	Daytime Dolphins	Daytime Dolphins	
2:30	Water Explorers		Water Explorers		
3:00	Youth Swim & Private Lessons	Youth Swim & Private Lessons	Youth Swim & Private Lessons	Youth Swim & Private Lessons	
4:00	L 1/2				
4:10	L 3	L 1/2			
4:20	L 3	L 3	Novice		
4:30	L 4	L 4	L 5/6	L 1/2	
4:40	L 4	L 4	L 4	L 3	
4:50	L 4	L 4	L 4	L 4	
5:00	L 1/2				Swim Team Novice
5:30	L 3	Swim Team Jr.	Swim Team Sr.	Swim Team Jr.	
6:00	L 4				Swim Team Novice
6:30	Competitive Stroke Clinic				Swim Team Jr.
7:00		Swim Team Sr.	Swim Team Jr.	Swim Team Sr.	
7:30	Swim Team Sr.	Swim Team Sr.	North East		
8:00					
8:30	CLUB CLOSED MAY 28 NO CLASSES APRIL 2-7				

SATURDAY POOL SCHEDULE - SPRING 2012

Refer to pages 7 & 8 for class descriptions

7:00	Swim Team - Sr.		
8:30			Saturday Stingrays
9:00	Saturday Stingrays	Level 3	Water Explorers
9:30	Level 1/2	Level 4	Saturday Stingrays
10:00 10:10	Saturday Stingrays	Level 3	Water Explorers
10:30 10:40	Level 1/2		Saturday Stingrays
11:00	Level 1/2	Level 4	Saturday Stingrays
11:20 11:30	Level 3	Level 5/6	Wise Whales
12:00	Youth Swim		
1:00	Level 3	Clinic	Private Lessons
1:30	Level 1/2		
2:00	Saturday Stingrays	Family Swim	
2:30			
3:00	Swim Team - Jr.		

Boys & Girls Club of Northern Westchester
351 Main Street
Mt. Kisco, NY 10549

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Open registration for
Summer Adventure Club
2012 and Early Childhood
Education and Fun Club
After School 2012-2013
programs begin
February 13



BOYS & GIRLS CLUB
OF NORTHERN WESTCHESTER



SPRING PROGRAM GUIDE

MARCH 19 - JUNE 16, 2012

Mail In Registration Ends March 10, 2012 Credit Cards Accepted (Visa, MC, Amex)

Walk In Registration Begins March 12, 2012 See page 1 for building hours.

Para información en español, llamar a Pablo Malaver 914-666-8069 ext. 100